



Our Executive Health Screening Centre is a dedicated one-stop centre, providing comprehensive health screening services tailored to your personal needs, in a warm, cosy and private environment.

Basic Package: <i>(recommended for ages 29 years and below)</i>	A basic package to start off with, to maintain a healthy lifestyle.
Deluxe Package: <i>(recommended for ages 30 to 39 years)</i>	A health screen to determine your general wellness level.
Wellness Packages: <i>(recommended for ages 40 years and above)</i>	Designed to maintain your health at the prime of your life, the packages include cancer markers, mammogram for ladies and treadmill stress test for men.
Premier Package: <i>(recommended for ages 40 years and above)</i>	Built on the Wellness packages to conduct in-depth health screen, with additional focus on digestive disorders and heart health.
Platinum Heart Package:	A comprehensive screen to ensure your heart is in the pink of health.

Important Notes

- Please do not eat at least eight hours prior to commencement of any screening packages. Sips of plain water may be consumed, if thirsty.
- Postpone taking any routine morning medication (except anti-hypertensive drugs), unless advised by your physician, until after the blood investigation.
- Ladies who are going for mammogram are to avoid using deodorant or talcum powder.
- Pap smear is best done 10 to 15 days after the first day of your menstruation.

Things to Bring

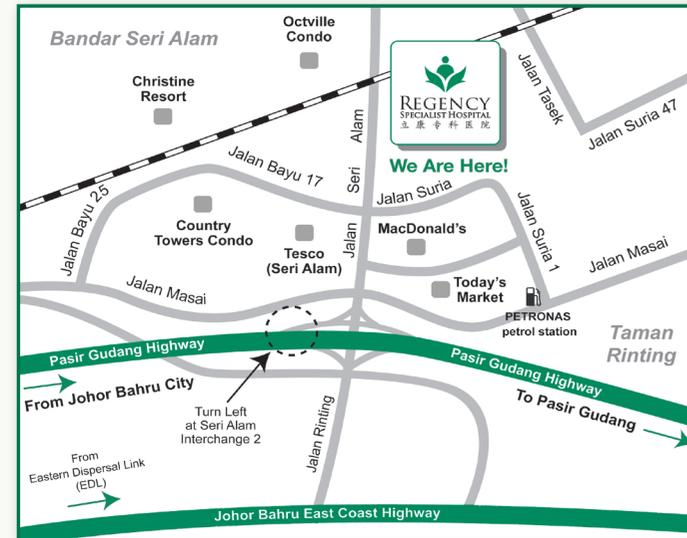
- Personal identification card or passport.
- If you are covered by insurance or employer medical benefits:
 1. Insurance card
 2. Authorisation letter
- Previous medical records, if any, especially X-rays, MRI or CT Scan from your last check-up for comparison.
- Comfortable loose attire for all packages. Comfortable sports attire and shoes for your Treadmill ECG.
- Glasses for your vision test.

Opening Hours

Monday – Friday : 8.00am – 5.30pm
 Sunday : 8.30am – 12.30pm

Public Holidays:
 By appointment only

How to Reach Us



By Land

From the EDL, take ramp (1403A) to join JB East Coast Highway (towards Pasir Gudang), and exit at Jalan Rinting.

Alternatively, take the Tebrau Highway to Pasir Gudang Highway and exit at Seri Alam Interchange 2.

Regency is only 15 minutes away from the City Centre via Eastern Dispersal Link (EDL).

By Air

Take a flight to Senai International Airport.

By Sea

Arrive via Zon ferry terminal at Stulang Laut, Johor.

Free shuttle service from Singapore and in Johor Bahru is available by appointment. Please contact our Customer Service Representative.



Regency Specialist Hospital Sdn Bhd (767174-W)

No. 1 Jalan Suria, Bandar Seri Alam 81750 Masai, Johor, Malaysia

Main Line: +607 381 7700

Fax: +607 388 7666

24-Hour Emergency Hotline: 1800-222-505

Email: info@regencyspecialist.com

Web: www.regencyspecialist.com

KKLIU Approval: 0883/2010/C

April 2013

Executive Health Screening Centre



www.regencyspecialist.com

REGENCY WELLNESS EVALUATION		Platinum Heart	Premier		Wellness		Deluxe	Basic	
		Woman / Man	Woman	Man	Woman	Man	Woman / Man	Woman / Man	
DETAILED PRE-SCREENING DOCTOR'S CONSULTATION & FULL PHYSICAL EXAMINATION									
Personal, Family & Social Medical History Review and Full Physical Examination		•	•	•	•	•	•	•	
COMPREHENSIVE BODY MEASUREMENT									
Physical Measurement	Blood Pressure, Heart Rate, Temperature, Visual Acuity, Colour Vision	•	•	•	•	•	•	•	
Anthropometry	Height, Weight, Body Mass Index (BMI), Waist Circumference	•	•	•	•	•	•	•	
FUNCTIONAL EXAMINATION									
Audiometry			•	•	•	•	•		
Bone Sonometry (Bone Density Screening)			•	•	•	•			
Spirometry (Lung Function Test)		•	•	•	•	•	•		
Tonometry			•	•	•	•	•		
COMPREHENSIVE BLOOD INVESTIGATION									
Full Blood Examination	WBC with Differential Count, RBC, Hb, HCT/PCV, MCV, MCH, MCHC, Platelet, RDW	•	•	•	•	•	•	•	
	ABO & Rh-D Typing, Erythrocyte Sedimentation Rate (ESR)	•	•	•	•	•	•	•	
Liver & Biliary Profile	Total Protein, Albumin, Globulin, Total Bilirubin, ALP, GGT, ALT, AST	•	•	•	•	•	•	•	
Renal (Kidney) Profile	Creatinine, eGFR, Urea, Uric Acid, Sodium, Potassium, Chloride, Calcium, Phosphate	•	•	•	•	•	•	•	
Diabetic Screen	Fasting Glucose	•	•	•	•	•	•	•	
Lipid (Fat) Profile	Triglycerides, Total Cholesterol, HDL Cholesterol, LDL Cholesterol	•	•	•	•	•	•	•	
Sexually Transmitted Diseases (STD)	Venereal Disease Research Laboratory (VDRL) - Syphilis	•	•	•	•	•	•	•	
Hepatitis Screen	Hepatitis A IgG Antibody	•	•	•	•	•	•	•	
	Hepatitis B Surface Antibody (Anti-HBs), Hepatitis B Surface Antigen (HBsAg)	•	•	•	•	•	•	•	
Thyroid Function Test	Thyroid Stimulating Hormone (TSH), Triiodothyronine (T3), Thyroxine (T4)	•	•	•	•	•	•	•	
Bone & Joint Profile	Rheumatoid Factor (Uric Acid & Calcium are within Renal Profile)	•	•	•	•	•			
Tumour (Cancer) Marker Studies	Alpha Fetoprotein (AFP) - Commonly for Liver	•	•	•	•	•	•	•	
	Carcinoembryonic Antigen (CEA) - Commonly for Colon	•	•	•	•	•	•	•	
	Cancer Antigen 125 (CA125) - Ovaries (Female)		•		•				
	Prostate Specific Antigen (PSA) - Prostate (Male)			•		•			
	Cancer Antigen 19-9 (CA19-9) - Commonly for Pancreas		•	•					
Gastrointestinal Screen	Helicobacter Pylori IgG		•	•					
Cardiac Profile	Hypersensitive C-Reactive Protein (hs-CRP)	•	•	•					
Stool Occult Blood			•	•	•	•			
Urine Full and Microscopic Examination		•	•	•	•	•	•	•	
CARDIAC EXAMINATION									
Resting Electrocardiogram (ECG)		•	•	•	•	•	•	•	
Cardiac Stress Test (Treadmill ECG)		•	•	•	•	•			
Coronary Calcium Score (*Radiological Procedure)		•	•	•					
Coronary Angiogram (*Radiological Procedure)		•							
GYNAECOLOGICAL EXAMINATION									
Pap Smear			•		•				
Mammogram or Breast Ultrasound (According to Your Age and Clinical Indication)			•		•				
RADIOLOGY EXAMINATION									
Chest X-Ray		•	•	•	•	•	•		
Abdominal X-Ray					•	•			
Upper Abdomen Ultrasound - Gallbladder, Kidneys, Liver, Pancreas, Spleen			•	•					
DETAILED POST-SCREENING CONSULTATION & REPORT									
Doctor's Report & Post Screening Lifestyle Recommendations		•	•	•	•	•	•	•	
Dietitian's Report & Post Screening Lifestyle Recommendations			•	•					
BREAKFAST/BRUNCH		•	•	•	•	•	•	•	
EXCLUSIVE PACKAGE PRICE		<i>* Prices are subject to change without prior notice.</i>	RM2,388	RM1,788	RM1,588	RM838	RM838	RM538	RM358



Information on Common Tests

Audiometry

To detect hearing loss

Bone Sonometry

To assess bone density and bone loss

Spirometry

To detect asthma, chronic bronchitis and occupational lung diseases

Tonometry

To detect raised intraocular pressure (glaucoma) which is a common cause of blindness

Urine Full and Microscopic Examination

To detect kidney damage, diabetes and infection

Stool Occult Blood

To screen for colon cancer

Resting Electrocardiogram (ECG)

To measure the rate and regularity of heartbeats and detect any pre-existing damage to the heart

Treadmill ECG

To indicate possibility of heart vessel blockage

Chest X-Ray

To detect tuberculosis, lung cancer and occupational lung diseases

Pap Smear

To detect cervical cancer

Mammogram

To detect early breast cancer and fibrocystic disease of the breast

**For more information, please call
+607 381 7730 (ext 3340).**